

HIGH NOTE LEVEL 1

UNIT	GRAMMAR	VOCABULARY	SPEAKING	WRITING
00 Welcome	Subject pronouns, verb <i>to be</i> Plural nouns, articles <i>This/That/These/Those</i> Possessive adjectives, possessive 's, <i>have got</i> Imperatives, object pronouns	Countries and nationalities, Personal possessions, basic adjectives Family, jobs Classroom instructions Days of the week, months, seasons, ordinal numbers, times and dates	Greetings, giving and asking for personal information, asking for spelling Describing things Describing family Giving instructions Telling the time	
01 The things we do	Present simple Adverbs of frequency	Daily routines Free time activities Phrasal verbs Verbs and prepositions	Talking about likes and dislikes	A personal profile
02 No place like home	<i>There is/ There are</i> <i>Some and any</i> <i>Can/Can't</i>	Describing house and furniture Prepositions of place Family words	Asking for information about a home	A description of a place
LIFE SKILLS How to plan your time: avoiding time wasters				
03 Food and drink	Countable and uncountable nouns with <i>some/any/no</i> Quantifiers: <i>a lot of, too much/too many,</i> <i>a little/a few, not many/not much</i>	Food and drink Containers Prices Phrasal verbs	Ordering food	A café review
04 School life	Present Continuous Present Simple and Present Continuous	Places at school School subjects Objects in school bag Education collocations	Asking for and giving permission	An internet forum post
LIFE SKILLS How to handle stress in exams				
05 Appearances	Past Simple: <i>to be</i> and <i>can</i> Past Simple affirmative Past simple negative and questions	Appearance Clothes Personality adjectives	Shopping for clothes	An email
06 The arts around us	Comparative and superlative adjectives, <i>(not) as ... as</i> <i>Too, (not) enough</i>	The arts Jobs in arts Types of movies Personality adjectives Films	Making and responding to suggestions	A film review
LIFE SKILLS How to work in a team on school projects				
07 Going to town	<i>Going to</i> Present Continuous for future plans and arrangements	Places in a city Transport Activities in the city	Giving and asking for directions	A short message
08 Smart future	<i>Will</i> for predictions about the future Adverbs of manner	Gadgets Computer equipment Using computer Feelings Science	Giving and responding to opinions	A notice
LIFE SKILLS How to use the internet in a safe way				
09 Fit and healthy	<i>Must, mustn't, have to/don't have to</i> <i>Should/Shouldn't</i>	Sports Equipment Body and health	Talking about illness	A post on an online forum
10 Our planet, our hands	Present Perfect for experiences (<i>ever/never</i>) Present Perfect with <i>already, just</i> and <i>yet</i>	Geographical features Animals Animal parts of the body Weather	Giving and reacting to personal news	An article
LIFE SKILLS How to improve your memory				